## The Handless Maiden



Image used with the kind permission of the artist, Jeanie Tomanek.

## Friday May 24<sup>th</sup> to Sunday May 26<sup>th</sup> 2024 A Sacred Threads Gathering for Women with Jay Edge A weekend retreat in Lamberhurst, Kent .

The busyness of life, even when that life is freely chosen and richly rewarding, can mean we lose connection with some deep, wild, soulful aspect of ourselves. Myths and stories offer us a map to wholeness, to living a full and rich deep inner life, as well as one lived well in the outer world. Stories show us how to walk in both worlds.

Come and join us for a soulful weekend gathering of story, myth, movement and dreamwork; an exploration of the deep feminine, a weave informed by BodySoul Rhythms and the myth and story work of Dr Clarissa Pinkola Estes.

Together we will explore the story of "The Handless Maiden." "The Handless Maiden" or "Silver Hands" is an old story of woman's initiation through the rite of endurance in the deep underground, a story of descent and return, transformation and, in Dr Estes' words, "renewal into the wild."

This is not a residential retreat, but limited b&b and camping is available.

Course fee £325 includes some meals plus refreshments over the weekend. Contact Jay on 07881492342 or jay@journeyofthesoul.co.uk